

# YOU'LL ALWAYS BE CONSTIPATED UNLESS—

You correct faulty living habits—unless liver bile flows freely every day into your intestines to help digest fatty foods. SO USE COMMON SENSE! Drink more water, eat more fruit and vegetables. And if assistance is needed, take Dr. Edwards' Olive Tablets. They not only assure gentle yet thorough bowel movements but ALSO stimulate liver bile to help digest fatty foods and tone up intestinal muscular action.

Olive Tablets, being purely vegetable, are harmless. Used successfully for years by Dr. F. M. Edwards in treating patients for constipation and sluggish liver bile. Test their goodness TONIGHT! 15¢, 30¢ and 60¢.

## Fistula Sufferers Face Danger

One of the tragic results of neglected fistula frequently is loss of bowel control together with nervous diseases and general ill health caused by self poisoning. Thousands could save themselves from humiliation and serious illness by taking proper treatment in time. The Thornton & Minor Clinic—oldest known rectal institution in the world—offers a FREE Book which explains Fistula and other rectal diseases; tells how more than 50,000 persons have been benefited by their mild, corrective institutional treatment—without hospital confinement. Write for this Free Book and Reference List. Address Thornton & Minor Clinic, Suite 1505, 926 McGee St., Kansas City, Mo.

**FREE SAMPLES!**

**DRESS GOODS**

Ladies—take up our Extra Money Plan without investment. Stunning Silks, Percals, Prints, Rayons, samples free. Also House and Street Dresses, Hosiery, Underwear, etc. Write for offer, Mitchell Church, Dept. 220, Binghamton, N. Y.

**GIVEN AWAY!**

Gorgeous Birthstone Ring Bracelet or Pendant to match in solid sterling silver. Your Size and Month, your choice.

FOR selling 4 boxes Rosebud Salvo at 25c each. Order 4 salvo and new catalog. Send No Money.

ROSEBUD PERFUME CO., BOX 23, WOODSBORO, MARYLAND.

**Make up to \$3 IN AN HOUR**

**SELL NEW EMBOSSED CHRISTMAS CARDS**

Big spare time money-maker. Embossed Christmas Cards, with sender's signature in Raised Gold. A sensation! Sell assortment of 21 cards, with "Home-O" material, only \$1. You make 50c profit. Extra Bonus. Many other assortments, 50c up. Also name-imprints, 50c up. Write for samples.

FRIENDSHIP STUDIOS WRITE CARDS, 422 Adams St., Elmira, N.Y.

**Wives HAVE MONEY of YOUR OWN!**

UP TO \$32.50 IN A WEEK.

HERE'S a dignified way to get cash. Show friends and neighbors amazing line of hosiery. Replacement guarantee against holes, snags, or runs. Everybody has to buy hosiery. Extra High-Tens Pure Silk, and Double Extra Heavy Heels and Toes bring sweeping successes. Take orders full or spare time like Grace Wilber, who earned \$37.10 in 9 hours. Poiret earned \$127.00 in 6 days.

**Wear Hose we furnish with outfit.** 108 very latest styles and colors. Earnings begin at once! Pocket cash hourly. Send name on penny postal TODAY.

WILKINT HOSIERY COMPANY  
Midway H-62 Greenfield, Ohio

**GUARANTEED HOSIERY**  
Positive Replacement Guarantee up to 9 months furnished.

IRISHE BENTLEY FEATURE SLAVES

**EXTRA MONEY EASILY EARNED**

**SELL CHRISTMAS CARDS**

Created by DOEHLA

DEAL WITH LEADER IN BOX ASSORTMENTS

Become headquarters for greeting cards. Season's sensation and fastest money maker. Show friends, neighbors 21 folder \$1 Christmas assortment created by foremost artists. Exclusive, unusual designs, new innovations. Also \$1 Religious Scripture Text, DeLuxe Etching, Gift Wrapping. Every Day, 50¢.

10 BOXES—56 NAME IMPRINTED CARDS

Assortments with 3 way selling features increase income. Also Birthday, Congratulation, Sympathy, Get Well cards. No experience needed. Up to 100% profit. Extra bonus. No investment. We start you. Special Sample Combination an approval offer. Write for details on approval and free money making details.

HARRY DOEHLA CO., Dept. D-18, Fitchburg, Mass.

**Write for SAMPLES**

**YARN BUY DIRECT—SAVE MONEY**

Bouclés, Worsteds, Sports, Zephyrs, others

FREE Samples—LOWEST PRICES

PARAMOUNT YARN CO., 362 Grand St., Dept. A-8, N.Y. City

# WAKE UP YOUR LIVER BILE—

Without Calomel—And You'll Jump Out of Bed in the Morning Rarin' to Go

The liver should pour out two pounds of liquid bile into the food you swallow every day. If this bile is not flowing freely, your food doesn't digest. It just decays. Gas bloats up your stomach. You get constipated. Your whole system is poisoned and you feel sour, sunk and the world looks punk.

A mere movement doesn't get at the cause. It takes those good, old Carter's Little Liver Pills to get these two pounds of bile flowing freely and make you feel "up and up." Harmless, gentle, yet amazing in making bile flow freely. Ask for Carter's Little Liver Pills by name. 25¢ at all drug stores. Stubbornly refuse anything else.

©1938, C. F. INC.

# Makeup Mirror and Vanity Case

BY DIANA TRENT



Olivia de Havilland looks fresh as a daisy in spite of heat and studio lights Courtesy of Warner Bros.

## Fresh as a Daisy the Summer Through

NO use in fooling ourselves or anyone else, it's a job to maintain that unwilted look on a hot summer day, but a job worth doing after all. Not only is it a treat to the beholder to see a woman looking fresh as a daisy when the temperature soars to new highs and the rest of the world has that bedraggled and woebegone appearance that heat and humidity invariably bring in their wake, but it's a tremendous personal satisfaction to the woman herself. Psychologically there's a great deal to be said for the statement that if you look cool you'll feel cool.

### Twice as Many Baths

TWICE as many baths as usual is the basic rule for the summer months. The more soap and water you use the better you will feel and look. A shower, tub or sponge bath morning and evening will not only make you look cooler and fresher, but make you feel so. Don't stint on the soap. Work up a good thick lather and lather yourself from head to foot. Use tepid water. Hot water is unthinkable, anyway, but cold water, while refreshing at the moment, may be overstimulating and will not, therefore, prove as

The warm weather, of course, presents unusual problems to all of us. We perspire more freely and so must be doubly careful about avoiding any unpleasant odor which stale perspiration is likely to cause. Noses refuse to hold powder, hair refuses to stay put, superfluous hair must be banished from arms and legs, and sunburn preventives must be used to avoid an overdose of sun. These problems can be solved, however. With a little extra care on your part and the use of some of the excellent preparations made for these purposes, all of us can look and feel serene, fresh and dainty.

cooling as tepid water. A handful of bath salts or a few drops of bath oil will give you a lift. Pat yourself dry instead of rubbing and finish with a dash of eau de Cologne or toilet water all over your body. Use an atomizer for this purpose if possible. The gentle spray feels delightful on the body and is another step toward coolth. Finish by patting on a bath powder in matching scent and you will have taken the first and perhaps the most important step toward keeping crisp for several hours.

### Use a Deodorant Regularly

more quickly than at any other point on the body where the air helps to dissipate it. You may take your choice of creams, liquids and powders. Personally, while I use a non-perspirant the year round, I find that a deodorant or an eau de Cologne combined with a powder which has deodorant qualities is a needed addition to my routine for the summer. Remember that these preparations are to be used exactly according to directions if you expect to obtain the best results. You will find a number of excellent ones in both classifications in the August Vanity Box.

### Ridding Yourself of Superfluous Hair

SUPERFLUOUS hair is a trial at best, but if it appears on the face it approaches the tragic. Unless you can afford expert care by an electrolysis, the only other

solution is to use a depilatory. It may be necessary for you to use such a preparation only once every week or two, or

Concluded on page 15

## .. AND I USED TO BE SUCH A SAUSAGE IN THIS DRESS



## Look at the Fat I've Lost!

Now you can slim down your face and figure without strict dieting or back-breaking exercises. Just eat sensibly and take 4 Marmola Tablets a day, according to the directions.

Marmola Tablets have been sold to the public for more than thirty years. More than twenty million boxes have been distributed during that period.

Marmola is not intended as a cure-all for all ailments. This advertisement is intended only for fat persons who are normal and healthy otherwise and whose fatness is caused by a reduction in the secretion from the thyroid gland (hypothyroidism) with accompanying subnormal metabolic rates. No other representation is made as to this treatment except under these conditions and according to the dosage as recommended.

We do not make any diagnosis as that is the function of your physician, who must be consulted for that purpose. The formula is included in every package. Start with Marmola today and win the slender lovely figure that is rightfully yours.

## STOP Itching GET RELIEF This Fast Way -or Money Back

For quick relief from itching of eczema, pimples, athlete's foot, scales, scabies, rashes and other externally caused skin troubles, use world-famous, cooling, anti-septic, liquid D. D. D. Prescription. Great, fast, stainless. Soothes irritation and quickly stops intense itching. 35c trial bottle proves it, or money back. Ask your druggist today for D. D. D. PRESCRIPTION.

**for QUICK EXTRA CASH**

50 Cards with Name only \$

Make money in your spare time. 7 fast selling Christmas Card Assortments. Many new ideas. Also die-cut and silver embossed 50 for \$1.00 Personal Christmas Cards. Quick imprint service. Write for generous free samples.

**21 FOR \$1 ASSORTMENT**

Colonial Studios, Inc., 395 Dwight, Dept. O-1, Springfield, Mass.

# ASTHMA

**WRITE FREE TRIAL OFFER!**

If you suffer from Asthma Paroxysms, from coughs, gasping, wheezing—write quick for daring FREE TRIAL OFFER of real relief. Inquiries from so-called "hopeless" cases especially invited. Write NAGOR, 916-S, State Life Bldg., Indianapolis, Ind.

**MONEY Easily Earned NOW!**

**BIG VALUES PAY YOU QUICK CASH**

Sell Personal Christmas Cards with sender's name, 50 for \$1. Everybody raves about these outstanding values, smart designs. Easy to take money orders daily. Sell popular \$1 Christmas Card Assortments, too. Big profit makers. Samples FREE—write.

**SELL Newest Christmas Cards**

FREE Samples Phillips Card Co., Dept. 3 11 Beacon St., Boston, Mass.

**YARN AT TREMENDOUS SAVINGS!**

FREE—Surprise Gift Offer. FREE instructions, sample book, 1001 Colors. World's Fair. Send \$1.00. No money. Write: WOOL TRADING CO., Estate, 1350 361 Grand St., Dept. H-8, N. Y. C.

**26 GORGEOUS VARIETIES ONLY \$7**

Birthday, Anniversary, Get-Well, Etc. FREE: 3 Surprise gifts plus details agent's offer sent with order.

**GREETING CARDS**

MARY MERLE, 3 Independence Square, Phila., Pa.

**Cash Quick! SELL Christmas Cards**

Show popular exclusive 21-card \$1 Christmas Assortment and make 50c on each sale. Four other assortments. Personal Cards, with name, sell fast, pay big. Write for samples at once.

Waltham Art Publishers, Dept. 221 FREE OFFER 160 N. Washington St., Boston, Mass.

## VARICOSE ULCERS

"Nurse Dencker's Home Treatment" affords palliative relief for old leg sores caused by varicose veins. Does not interfere with daily work. Write for Free Trial without obligation. Also literature including reports from enthusiastic users of "Nurse Dencker's Home Treatment."

**FREE TRIAL** Send today. Dencker Products. Dept. 125, Long Beach, Calif.

**Beautiful Looking Natural Looking FALSE TEETH**

LOWEST PRICES—WORLD FAMOUS TRU-FIT

90 DAYS TRIAL WEAR THEM, TEST THEM. THEM FOR BEAUTY, FIT AND COMFORT. MY MONEY BACK GUARANTEE gives you 3 months to see how they look and feel. I am a dentist of 30 YEARS' EXPERIENCE. I supervise the making of your plates from start to finish.

**SEND NO MONEY**

Write TODAY for FREE Booklet and Material.

**DR. CLEVELAND DENTAL LABORATORY**  
Dept. 57-L-9, 503-05 Missouri Ave., E. St. Louis, Ill.

**MAKE EASY MONEY**  
Selling **CHRISTMAS CARDS**

Houses, office workers, teachers, social organizations are cashing in heavily on our "NEW CHAMPION" assortment of 21 magnificent folders, including seasonal "MISTERY CARD" - biggest sales seller of all time.

Actual Retail Value - \$2.81  
COSTS YOU 50c - SELLS ON SIGHT FOR \$1.00

Head-Colored 12 folders "ETCHINGS" assortment sells for \$2.00, worth \$2.70. Both assortments can be sold Three Ways. **BEST ON THE MARKET.** Gift Wrappings, "Religions," "Memorials," "Everyday," Birthdays, assortments. Can't be Beat. Write Now. Sample "New Champions" Assortment On Approval.

**SILVER SWAN STUDIOS**  
320 FIFTH AVENUE  
Dept. 46, New York

**KNITTING YARN** **600 FREE SAMPLES**

NEW 1939 FALL AND WINTER YARNS - Standard for 30 Years  
CLYDEN YARN CO.  
Dept. E-13, 711 Arch St., Philadelphia, Pa.

**Sell 50 ASSORTED CHRISTMAS CARD FOLDERS**

With Customer's Name Imprinted  
100% profit. Also engraved cards name imprinted in raised gold \$1.00 each up. Complete line box assortments. Write for free samples.  
W. S. DUNBAR CO., NEW BRUNSWICK, N. J.

**Full STAMPED EMBROIDERY**

Ladies everywhere are building steady repeat business in art needlework. No experience necessary. Sell from Catalog. Buy direct from manufacturer wholesale - sell retail. Write for money making plan, sample materials and FREE catalog.  
EMBROIDERY GUILD, 740 Broadway, Dept. 358, New York.

**EARN EXTRA MONEY at Home**

Increase your income at home by new, simple Wentworth Tempera Color method. We instruct you and supply you with work. Write today for FREE BOOKLET.  
Wentworth Pictorial Company, Ltd. DEPT. 126, Hamilton, Ont.

**Big PROFITS - Sell 50 XMAS CARDS**

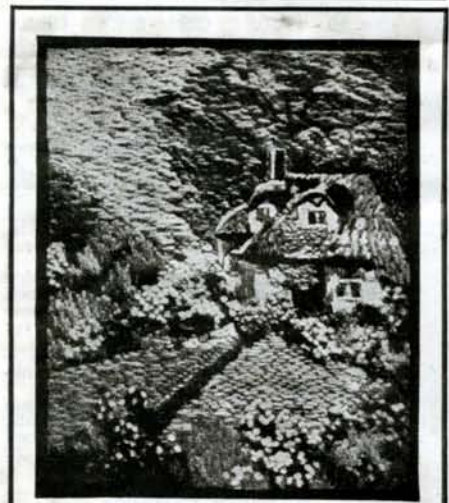
Show most remarkable Christmas Cards - 50 for only \$1.00, printed with customer's name. Big earnings for you. Also 3 other seasonal, low priced Personal Lines: Gold-Deckle Edge, Novel Kraftone Series, Gold-tone and Silver-tone Series. Plus big value Christmas Card Box Assortments and Gift Wrappings. Experience unnecessary. Write for FREE samples. Noel Art Studios, 9 E. 26th St., Dept. Y-4, New York. SAMPLES FREE

**YARN** Send for 600 FREE Samples

Now on Special Discount Sale besides Four Extraordinary Specials, including Nub, Flake and Boucle Yarns.  
YARN NOVELTY CO., 42 X-North 9th St., Phila., Pa.

**EARN EXTRA MONEY in Spare Time**

TAKE ORDERS FOR CHRISTMAS CARDS  
Show biggest Value Personal Christmas Cards with sender's name. Deluxe designs. Big variety. Low as 50¢ for \$1. Six beautiful box assortments. Start earning big profits at once. Write for FREE Samples today.  
CYPHERS CARD CO., 75 W. Huron St., Dept. J-2, Buffalo, N. Y.



**Wool Picture**  
**Quaint English Cottage**

No. 36 - 7 - 32N. A Quaint English Cottage. Design stamped on 11-by-15-inch canvas, with wool and proper needle for embroidering, and color-chart with complete instructions, \$1.00

Send your order to  
**NEEDLECRAFT COMPANY,**  
Augusta, Maine

**MAKE MATS AT HOME!** *Learn a Steady Cash On Amazing Plan*

No experience needed. Manufacturer's new amazing plan shows you how to create beautiful PANDURA door mats at home in spare time. Big demand. Write quick - for details.  
PANDURA PRODUCTS CO., 361 W. Superior, Dept. 15, Chicago.

**EARN CHRISTMAS CASH** **Now! \$ FREE Samples**

Show friends, others my different kind of Christmas Cards. Make extra money. My big line pleases everybody. Gorgeous new Christmas, Everyday folders, Gift Wrappings. Retail \$1 and less - pay you up to 100% profit. No experience needed! Also Christmas Cards with name, 50 for \$1. FREE SAMPLES.  
CHAS. C. SCHWER, Dept. L-19, Westfield, Mass.

**NEURITIS** Relieve Pain in Few Minutes or Money Back

To relieve the torturing pain of Neuritis, Rheumatism, Neuralgia or Lumbago in few minutes, get NURITO, the fine formula, used by thousands. No opiates. Does the work quickly - must relieve cruel pain to your satisfaction in few minutes or your money back. Don't suffer. Ask your druggist today for trustworthy NURITO on this guarantee.

Concluded from page 14

you may have to use it every two or three days depending upon the rapidity with which the hair grows. While those in cream form are usually most satisfactory for this purpose and said to weaken the growth of hair when used over a long period of time, one of the abrasives may do the job satisfactorily if the growth is neither too heavy nor too dark.

On larger areas of the body as the arms

**The Prevention of Sunburn**

IF YOU plan to spend much time in the sun this summer, do by all means go about it with a little care. The sun can be a good friend and an equally good enemy, so take your sun baths in small doses at first until your skin and body have become accustomed to them. A sunburn cream or lotion should always be

NOW that I have discussed the three major problems of summer grooming, let me add a few suggestions which will help you to look immaculate and well-groomed no matter what the weather. Wash your hair more frequently and use your hair-brush diligently during the summer months. Wear it as simply as possible so that it will look well-dressed at all times. Choose your powder foundation with care. A liquid powder base or one of the makeup films will go a long way toward preventing a shiny nose. Use a little less rouge than you ordinarily do and for daytime go light on mascara and eyeshadow. Cleanse your face as frequently as possible and use a skin tonic or astringent afterwards. Nothing is worse for your skin or more untidy looking than caked powder to which more has been added. Be extra meticulous about personal cleanliness, bearing in mind all the points I have stressed and be sure that

or legs, you may use either one of the cream preparations mentioned here or one of the abrasives. Should the skin feel a bit irritated after using a depilatory apply a little cold cream and let it remain on the skin for five or ten minutes after using. A razor or cream may be used for removing hair from the armpits, but be sure that you do not apply an antiperspirant within twenty-four hours after removing hair from this part of the body.

applied to the exposed areas and if you are especially sensitive to burn you should use a protective preparation of this kind throughout the summer. The very best of these creams will only filter out the burning rays of the sun for about two hours, so apply frequently and take no chance of getting sunburn poisoning.

**The Finishing Touches**

your undies and clothes are as soap and water clean as you are.

By all means use perfume if you wish, but choose a light bouquet odor, one of the flower scents or one on the spicy side rather than the heavier more oriental perfumes. Many women prefer to rely on toilet water or eau de Cologne for that dash of fragrance which puts the finishing touch of feminine appeal on any toilette. Whatever perfume you choose for the summer, use it discreetly. Perfume should never be used so that it is overwhelming. It should have an elusive quality - now you catch it and now you don't. In the Vanity Box you will not only find a number of preparations described which will help you to stay fresh as a daisy throughout the hottest summer day, but I have also listed a number of delightful fragrances, especially attuned to torrid weather.

**Hot Weather Cosmetics**

are described in detail in the August Vanity Box. Send three cents in stamps for your copy to Miss Diana Trent, HOME ARTS - Needlecraft, Augusta, Maine. If you wish personal advice be sure to enclose an extra three-cent stamp to cover postage

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think the design is upside down, but it isn't, as you will see if you turn the picture so that the slip is in the position it would be on your bed.

Two threads will be enough for the embroidery, except for the clover heads, where three will give thicker blooms. Shaded cotton is suggested for the clover heads and the leaves and ribbons; in fact, for all parts of the designs. Use it as it comes from the skein, perhaps being a little judicious about placing it for stems, where the stronger shades are best.

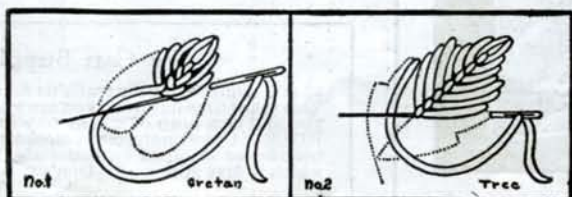
NOW about the stitches. Daisy stitch and outline you all know how to do, I'm sure. I like to use a small hoop for my daisy stitch and for solid outline, and perhaps you will, too. I most certainly want to use it for tree stitch, and you'll find it much easier to handle this stitch in a hoop than in your hand. Start at the tip of a leaf and make a small daisy stitch on the midrib, sending the stitch that secures it at the tip down close to the stitch and bringing the needle out on the left-hand edge, inserting it again on the

right-hand edge, bringing it out on the center line and making a securing stitch at the base as for any daisy stitch, repeating until the leaf is filled. What you really have, then, is a close series of daisy stitches, starting with the small closed one at the tip of the leaf, and following with others, none of which are closed at the top.

You could use Cretan stitch if you wanted to. The way to work that is shown in the first diagram. It, too, begins at the tip of the leaf with a little daisy stitch. Then insert the needle in the right-hand edge a little below, near the midrib but not in it, making a buttonhole stitch as it were. Throw the thread to the left and make a buttonhole stitch in the same way, on the left-hand side of the midrib. Go on making stitches alternately to right and left of the midrib until the leaf is filled. Remember that the needle comes out near the center line, but not on it. This makes a sort of braid down the center of the leaf, which characterizes the stitch. The further from the midrib the needle comes out, the wider the braid will be, and you can increase or decrease the width of this braid to suit the form of the leaf.

And now, good luck to you, and may every clover you pick have four leaves!

Needlecraftily yours,  
Constance Evelyn



**NO, THIS GAL WANTS TO KNOW THE BEST RECIPE FOR SUCCESSFUL CANNING.**

**TELL HER TO USE PE-KO EDGE JAR RINGS... TO INSIST ON THEM... BECAUSE THEY SEAL TIGHT AND STAY SEALED.**

**U.S. PE-KO EDGE ROYAL LIP STYLE JAR RUBBERS**  
United States Rubber Company  
Tested and approved for every known method of canning  
**RED**

Approved by Good Housekeeping Institute. If your dealer cannot supply you, send 20c with your dealer's name for a Trial Package of 48 genuine PE-KO Jar Rings; sent prepaid.

**PE-KO EDGE JAR RUBBERS**

United States Rubber Company  
Room 611, 1790 Broadway, New York

**SUNSHINE CHRISTMAS GREETING CARDS ARE MONEY MAKERS**

Sell Nationally Famous Sunshine 21 Smart Christmas Folders at \$1. Costs 50¢. Worth \$2.50. Exquisite designs incl. tips, darts, inserts, on expensive mica, suede & parchment papers. Clever & tricky ideas from our studios. Ask for "Super Value Line" - 22 designs from 50¢ for \$1. to 25¢ for \$1.50 incl. name. America's biggest card value. Sent on special request. Outstanding Gift Wraps, Etchings, Everyday, Comics. 21 Ass't. on approval. No investment. Start today.  
SUNSHINE ART STUDIOS, 154 Nassau, Dept. N, New York City

**Make Money Every Week Selling STAMPED GOODS**

**PAYS YOU 100% PROFIT!**

New 24 page catalogue FREE... puts you in money making business. Get stamps, goods direct from manufacturer - sell at 100% profit. Over 100 new items - carves, pillow cases, table cloths, bridge sets, towels, aprons, etc., imported linens and novelties. Complete instructions for embroidery free. It's easy - just write: **MERRIE ART EMBROIDERY CO., 22 W. 21st, Dept. 426, New York, N. Y.**

**NOW!**  
**Pre-measured Laundry Starch**

Save time, disappointment. Have perfect starch every time with Staley's exact-measure Starch Cubes. No lumps, no scorching. Saves 1/2 ironing time, women say. Gives soft sheen, dirt-resisting finish. A. E. Staley Mfg. Co., Decatur, Ill.

Costs no more than old-type starch.

**STALEY**  
Gloss Starch  
**CUBES**